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Cemaes Rural District Council



ANNUAL
REPORT
OF THE
DISTRICT
MEDICAL OFFICER OF HEALTH
AND THE
PUBLIC HEALTH INSPECTOR

1957

W. O. W. I

ANNUAL
REPORT

THE

DEPT. OF HEALTH
AND
PUBLIC HEALTH
OFFICE

C E M A E S R U R A L D I S T R I C T

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE
YEAR 1957.

To the Chairman and Members of the Council,

I have the pleasure to present the Annual Report for the year 1957.

The estimated resident population shows a slight decrease, as also does the birth and death rate.

There has been an increase in the infant mortality: five infant deaths occurred in the first year of life.

The death rate has decreased but it is still somewhat higher than that for the County of Pembroke and for England and Wales, the greatest number of deaths from any one cause being due to heart disease, particularly coronary thrombosis.

There was a low incidence of infectious diseases during the year and the majority of cases were due either to whooping cough or to scarlet fever. In the isolated case of paratyphoid fever it was not possible to find the source of the infection and no known secondary cases occurred.

The general housing problem appears to be resolving. The question of suitable housing for the elderly is a problem that needs to be carefully considered, but no doubt in certain areas such as Newport, one-bedroomed bungalows would be an advantage.

Water and sewerage problems have arisen but these problems are being dealt with as speedily as it is possible.

The section prepared by the Public Health Inspector shows how large a part these officers play in the maintenance of the conditions suitable for healthy living.

In conclusion I would like to thank the members of the Council and the staff for their continued courtesy and co-operation during the year.

I have the honour to be,

Your obedient servant,



PHYLLIS M. BOWEN. M.R.C.S., L.R.C.P.,
D.P.H., D.C.H.

District Medical Officer



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V I T A L S T A T I S T I C S

Resident Population (Registrar General's Estimate).....1957.....

.....8,920.....

	<u>Cemaes R.D.</u> <u>1957.</u>	<u>Cemaes R.D.</u> <u>1956.</u>	<u>County of</u> <u>Pembridge</u>	<u>England</u> <u>& Wales</u>
Birth Rate (per 1,000 pop.)	12.7	14.7	17.05	16.1
Death Rate (per 1,000 pop.)	12.4	15.5	11.32	11.5
Infant Mortality Rate (per 1,000 live births)	44.2	15.0	34.17	23.0

Live Births

	<u>Male</u>	<u>Female</u>	<u>Total</u>
Legitimate	58	53	111
Illegitimate	1	1	2
Total Births	59	54	113

Still Births

Legitimate	1	-	1
Illegitimate	-	-	-
Total	1	-	1

The infant mortality rate shows an increase. There were 5 infant deaths under one year of age; 1 from intestinal obstruction at four days, 1 from congenital heart disease at three weeks, 1 from cerebral haemorrhage at one week, 1 from spina bifida and hydrocephalus at two months, and 1 from prematurity.

Causes of death

	<u>Male</u>	<u>Female</u>
TOTAL (All causes)	51	60
Pulmonary Tuberculosis	1	1
Malignant neoplasm of stomach	-	3
Malignant neoplasm of breast	-	4
Other malignant and lymphatic neoplasms	4	4
Leukaemia	1	1
Vascular lesions of nervous system	5	9
Coronary disease, angina	10	9
Hypertension with heart disease	2	1
Other heart disease	9	8
Other circulatory disease	2	1
Pneumonia	-	1
Bronchitis	2	1
Other diseases of respiratory system	1	2
Ulcer of stomach and duodenum	1	-
Nephritis and nephrosis	2	1
Congenital malformations	4	-
Other defined and ill-defined diseases	3	13
Motor Vehicle Accidents	1	-
All other accidents	2	1
Suicide	1	-

The general death rate shows a decrease. Approximately 56.7% (63) of the total number of deaths occurred in persons over 70 years of age and of these, 28.8% (32) were of persons aged over 80 years. The greatest number of deaths from any one cause resulted from heart disease, which accounted for 39 of the deaths. Drowning accounted for one accidental death in a youth of 18 years; one death was due to concussion and fractured base of the skull after a fall from a trailer in a man of 72 years, and one death was caused by heart failure due to myocardial degeneration accelerated by a fractured femur sustained in a fall by a woman of 94 years.

NOTIFICATIONS OF INFECTIOUS DISEASES

Measles	1	Whooping Cough	6
Scarlet Fever	5	Pneumonia	1
Paratyphoid Fever	1	Erysipelas	1

TUBERCULOSIS

Three cases of pulmonary tuberculosis were notified during the year, and one case of non-pulmonary tuberculosis, and three old cases of pulmonary tuberculosis were admitted to hospital.

Two deaths from pulmonary tuberculosis occurred this year, one in a man aged 47 years and the other in a woman aged 64 years.

PREVENTION OF TUBERCULOSIS

B.C.G. Vaccination

B.C.G. vaccination of contacts and school leavers continues to be carried out in the district. During 1957, 44 school children were skin tested and of these 42 required vaccination.

Mass Radiography

The Mobile Unit of the Mass Radiography Service visited Newport in May this year.

	<u>Grand Total</u>	<u>Male</u>	<u>Female</u>
Total No. examined	184	77	107
No. found to be abnormal	6 or 3.26%	6	-
No. requiring further observation	4 or 2.17%	4	-
Other abnormalities of the chest	2 or 1.09%	2	-

LOCAL HEALTH SERVICE ACT, 1946.

LOCAL HEALTH SERVICES

Vaccination Records were received this year of 41 primary and 10 secondary vaccinations.

Immunisation Records were received of the immunisation of 92 children, and 16 were given re-inforcing injections.

Both vaccination against smallpox and immunisation against diphtheria are carried out by the local practitioners, who are paid by the County Council for records received by your Medical Officer.

VACCINATION AGAINST POLIO-MYELITIS

This work has continued at the clinics and in the schools and has meant much additional work for the County Health Department.

NATIONAL ASSISTANCE ACT. 1948.

Section 47: Removal to suitable premises of persons in need of care and attention.

No action was necessary under this section.

REPORT OF PUBLIC HEALTH INSPECTOR FOR THE YEAR 1957

WATER SUPPLIES

The number of houses and other properties supplied with water from the Council's mains at the end of 1957 was:-

<u>Parish</u>	<u>No. of Properties Connected</u>
Bayvil	10
Bridell	23
Capel Colman	23
Castellan	38
Cilgerran	201
Cilrhedyn West	--
Clydey	7
Dinas Cross	190
Eglwysrw	46
Llanfihangel Penbedw	31
Llanfyrnach	212
Llantood	5
Llanychlwydog	5
Llanfair Nantgwn	19
Manordeifi	71
Meline	16
Monington	--
Moylegrove	29
Nevern	51
Newport	451
Penrith	12
St. Dogmaels	334
Whitechurch	11

EXTENSION OF WATER SUPPLIES

The water main was extended from Penbryn to Bridell School, a distance of 1,200 yards.

WATER SAMPLES sent for bacteriological examination:-

<u>Public Supply</u>		<u>Private Supplies</u>	
Number taken	32	Number taken	5
Satisfactory	29	Satisfactory	3
Unsatisfactory	3	Unsatisfactory	2

HOUSING

(a) Council Houses

During the year 19 houses were completed and occupied:-

8 at Dinas Cross
7 at Newport
2 at St. Dogmaels
2 at Tegryn

8 houses were under construction at the end of the year.

(b) Private Dwellings

5 dwellings were completed and occupied by private enterprise.
8 dwellings are under construction.

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INSPECTION OF DWELLING HOUSES DURING THE YEAR

Total No. of dwelling houses inspected for housing defects (under Public Health or Housing Acts).	- 31
No. of dwelling houses inspected and recorded under the Housing (Consolidated) Regulations 1925 & 1932 included in previous column.	- 31
No. of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation.	- 2
No. of dwelling houses found not to be in all respects reasonably fit for human habitation (exclusive of those in previous column).	- 3
No. of defective dwelling houses rendered fit for habitation in consequence of informal action by the local authority or their officers.	- nil

ACTION UNDER STATUTORY POWERS DURING THE YEAR

Housing Act 1936. Sections 9-10-16.

No. of dwelling houses in respect of which notices were served requiring repairs.	- nil
No. of dwelling houses rendered fit after service of formal notices (By Owners).	- nil

Public Health Acts.

No. of dwelling houses in respect of which notices were served requiring defects to be remedied.	- nil
No. of dwelling houses in which defects were remedied after service of formal notices (By Owners).	- nil

Housing Act, 1936. Sections 11 & 13.

No. of dwelling houses in respect of which demolition orders were made.	- 2
No. of dwelling houses demolished in pursuance of demolition orders. (Undertakings received from owners not to occupy).	- nil

Housing Act, 1936. Section 12.

No. separate tenements or underground rooms in respect of which closing orders were made.	- nil
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HOUSING ACT, 1936. PART IV - OVERCROWDING

No. dwelling houses overcrowded at end of year.	- nil
No. of new cases of overcrowding reported in year.	- nil
No. of cases of overcrowding relieved during year.	- nil

MILK SAMPLES

From Schools

Number taken 27
Satisfactory 27
Unsatisfactory -

From Farms and Retailers

Number taken 59
Satisfactory 57
Unsatisfactory 2

UNFIT FOOD

During the year it was found necessary to condemn:-

65 lbs. home killed beef
69 lbs. tinned foods(meats)
189 lbs. tinned foods (various)

REFUSE COLLECTION

Approximately two thirds of the area is collected by means of a refuse lorry, which is manned by two men, once weekly.

There are three refuse tips, Newport, Cilgerran and St. Dogmaels. Negotiations are under way to obtain another tip near Hermon.

RODENT CONTROL

A man is employed part time on this work, and the situation appears to be well in hand.

PUBLIC CONVENIENCES

During the year the Council erected a convenience at Traethmawr, Newport, bringing the total number of conveniences to eight.

FACTORIES ACT 1937 and 1948

	<u>No. on Register</u>	<u>Inspections</u>	<u>Written Notices</u>	<u>Prosecutions</u>
(i)Factories in which sections 1,2,3,4 & 6 are enforced by Local Authorities.	nil	16	nil	nil
(ii)Factories not included in (i) in which section 7 is enforced by Local Authorities.	nil	nil	nil	nil
(iii)Other premises in which Section 7 is enforced by Local Authorities (excluding outworkers' premises)	nil	nil	nil	nil
TOTAL	nil	16	nil	nil

T.L. BOWEN

PUBLIC HEALTH INSPECTOR

